The prevalence of the rugby game in SM King Edward VII all started in 1923 when it was introduced by the principal of the institution then, Mr. T.J Thomas. But it was only ten years later, in 1933, did the "Tigers", as the players of the team were fondly known as, achieve their first major success when they beat Penang Free School and earned the title of Champions in the first-ever Malayan inter-school rugby tournament. The glowing successes of the "Tigers" in rugby owes much not to luck but rather the dedication and diligence of such figures such as Bretherton, J.D. Joseph, T.P.M. Lewis, Yeoh Teng Khoo, Lim Swee Chin and Leong Heng Hua [who also served as a former principal]

During the years between 1954 and 1961, the "Tigers" organized a tour of friendly games against opponents from all corners of the country, from Kedah to Singapore, and beat them all. This earned the team the tag "Kings of Rugby". We owed the success of the tour to the "Old Edwardians" who provided moral and financial support to the team. The "Tigers" are definitely more than just a 'one-hit wonder' and they have a list of victories to prove their stand. Besides being the Champions of Perak, they also earned multiple glory in 1979 when they won all four titles deemed most important in school-level rugby: The District Champs, Taiping Cup winners, Malaysian Champs of the Northern Zone, and Champs of Malayan Inter-School Rugby Tournament whereby they beat the Royal Military College 22-6. Previously in 1978, they had been elected the Malaysian representatives to the ASEAN Inter-School Rugby Championship in Haadyai, Thailand and won the 3rd spot. They have also been three-consecutive time winners of the Perak Cup several times, namely during there years of 1983-1985, 1987-1989 and 1996-1998. they also managed to come forth as runners-up in national-level meets like The Royal Selangor Cup, twice, once in 1987 and the other in 1998. 14 memebers of the school team also chosen to play for the state team in 1996 whereby they went on to beat Negeri Sembilan in the finals 7-5 and claim the title of champions for themselves. The year 2000 saw SMKE create waves by winning the district and state championships. That year, they were chosen collectively to defend Perak in the MSSM held in Perlis. In the Perak Zone Premiership, they grabbed second spot just as they had in the Friendly Cup organised by UTM and the Under-15 Rugby Championship organised by TV3 and the Education Ministry. They also were semi-finalists in the National Premiership and so the team went on to represent the state of Perak in state level championships as well as the 10-school tournament organised by MRU, MILO and the Education Ministry.
Two school players, Mohd. Syah Rizal b. Saidin and Mohd. Amir Firdaus b. Ismail, underwent a training stint under the guidance of the national rugby coach of the Fiji team. Another player, Abdul Latif b. Ismail was selected to join the national Under-18 team. Achievements Throughout the Year 2000:

1. MSSPK champions
2. 2nd place in the Perak Zone Premiership
3. Semi-finalists in the National Premier Cup